

# Preschool and Kindergarten

## Songs And Poems

### I'M A LITTLE SEED

*(to the tune of  
"I'm a Little Teapot")*

I'm a little seed,  
Brown and fat,  
I don't have a front,  
And I don't have a back.  
Plant me in the earth,  
Give me water each day,  
I'll grow to be a vegetable,  
While you play!

I dig a hole and plant a seed,  
Cover it with dirt, and pull a weed.  
Down comes the rain,  
and out comes the sun,  
Up grows my vegetable,  
Oh! What fun!



### HELP YOUR VEGGIES GROW

*(To the tune of  
Row, Row, Row, Your Boat)*

Dig, dig, dig the earth.  
*(Make digging motion)*

Plant your seeds just so.  
*(Pretend to drop seeds)*

A gentle rain,  
*(Flutter fingers down)*

And bright sunshine,  
*(Circle arms above head)*

Will help your veggies grow!  
*(Hold one arm parallel to ground  
and move other arm up behind it with  
fingers extended to represent a  
flower growing)*

## I WILL PLANT A GARDEN

*(to the tune of  
"Old MacDonald Had a Farm")*

I will plant a garden green,  
Then I'll watch it grow.  
I'll dig some holes here in the dirt,  
In a nice straight row.  
With a dig-dig here,  
And a dig-dig there,  
Here a dig, there a dig,  
Everywhere a dig-dig.  
I will plant a garden green,  
Then I'll watch it grow.

I will plant a garden green,  
Then I'll watch it grow.  
In the hole I'll drop a seed,  
then each seed I'll sow.  
With a drop-drop here,  
And a drop-drop there,  
Here a drop, there a drop,  
Everywhere a drop-drop,  
I will plant a garden green,  
Then I'll watch it grow.

I will plant a garden green,  
Then I'll watch it grow,  
I'll water each plant one by one,  
They'll sprout up in a row.  
With a squirt-squirt here,  
And a squirt-squirt there,  
Here a squirt, there a squirt,  
Everywhere a squirt-squirt,  
I will plant a garden green,  
Then I'll watch it grow.

## THIS IS MY GARDEN

*(sing to the tune of Twinkle Twinkle)*

This is my garden  
*(extend palm of hand facing up)*

I'll rake it with care,  
*(rake palm with three fingers  
of the other hand)*

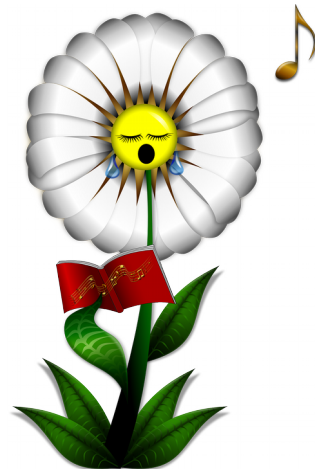
And then some flower seeds,  
*(plant pretend seeds on palm)*

I'll plant there.

The sun will shine,  
*(circular action with other hand)*

And the rain will fall,  
*(fingers flutter down)*

And my garden will grow,  
And grow straight and tall.  
*(cup hands and 'grow' fingers upwards)*



## TEN LITTLE PEAS

Ten little peas in a pea pod pressed,  
(*Make fists*)

One grew, two grew, and so did all the  
rest.

(*Release thumb, then forefinger, then  
all fingers slowly.*)

They grew... and grew.. and grew and  
never stopped.

(*Lift arms slowly above head*)

They grew so fat that the pea pod  
popped!

(*Lower arms to shoulder height. Clap  
hands together for pop.*)

## APPLE SEED

(*to the tune of "Eency Weency Spider"*)

Once there was an apple seed  
Planted in the ground.

(*Planting motion.*)

Down came the raindrops  
Falling all around.

(*Raining motion.*)

Out came the big sun bright  
As it could be

(*Circle arms overhead.*)

And the little, little apple seed  
Grew up to be a tree.

(*Lift arms slowly overhead, then spread  
them out like branches.*)

## THE GARDENER PLANTS THE SEEDS

*Sing to the tune of "The Farmer in the  
Dell"*

The gardener plants the seeds.  
(*Planting motion*)

The gardener plants the seeds.  
High ho the derry oh,

The gardener plants the seeds.

2<sup>nd</sup> verse: The rain falls on the ground.

(*Raining motion.*)

3<sup>rd</sup> verse: The sun shines bright and  
warm.

(*Circle arms overhead.*)

4<sup>th</sup> verse: The seeds begin to grow.

(*Raise hands, then arms slowly.*)

5<sup>th</sup> verse: Flowers grow everywhere.

(*Wave arms back and forth.*)

## SEEDS

(*A poem*)

A little seed for me to sow.

A little earth to make it grow.

A little hole, a little pat,

A little wish, and that is that.

A little sun, a little shower,

A little while,

and then, a flower!

(*Add motions to go with poem.*)