

New Jersey Agricultural Society

Wheel of Fortune
Nutrition Game

Created by Elyse Yerrapathruni
Farmers Against Hunger



Healthy Heart

Healthy Eyes, Skin, Immune System

Healthy Immune System

Healthy Cells, Bones, Teeth

Healthy Blood, Eyes

Healthy Heart, Immune System

Healthy Immune System

Healthy Mind, Heart





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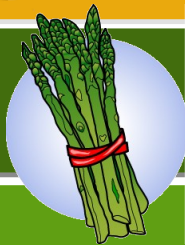
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Tomatoes, Watermelon, Guava

Healthy Heart

Carrots, Sweet Potatoes,
Mangoes, Winter Squash, Peppers

Healthy Eyes, Skin, Immune System

Oranges & Other Citrus, Nectarines,
Peaches, Papayas, Apples

Healthy Immune System

Spinach, Leafy Greens, Herbs,
Asparagus

Healthy Cells, Bones, Teeth

Broccoli, Brussels, Cabbage,
Cauliflower, Kale, Collards

Healthy Blood, Eyes

Garlic, Onions, Scallions, Leeks
Chives, Shallots

Healthy Heart, Immune System

Berries, Plums, Eggplant

Healthy Immune System

Red Grapes, Beets

Healthy Mind, Heart

Whole Grains, Legumes

Healthy Heart, Digestive System



eat seasonal
eat local

